

## 2025 ST ASC Firecracker A Long Course Meters, Prelim/Finals Meet

June 13-15, 2025

Sanction: ST-25-65

**Held under the sanction of USA Swimming** 

#### **IMPORTANT MEET FACTS**

Venue: Austin Aquatics & Sports Academy - 5513 Southwest Parkway, Austin, TX 78735 | (512)276-2324

Parking: Parking for athletes and spectators is in the parking garage behind our facility. The address is 5707 Southwest

Parkway, Austin, TX 78735. After you park in the parking garage, you can walk to our facility and enter through the back gate, see map HERE. Parking for officials, coaches, and staff are located at Austin Aquatics

& Sports Academy.

Entries Open: June 2<sup>nd</sup>, 2025

Entries Close: June 4th, 2025

Entry Email: jonathan@austinswimclub.org

Entry Fees: \$15 per individual event and \$20 per relay (this includes the \$1.25 South Texas Swimming splash fee) + \$20

per swimmer athlete surcharge fee. Refunds will **not** be given for any reason.

Qualifying

**Times:** USA Swimming Motivational BB Time Standard

Age

**Restrictions:** This meet is for current 2025 USA Swimming registered swimmers

**Deck Entry** 

**Fees:** Deck entries will cost \$20 per event, payable to Austin Swim Club.

**Welcome:** Austin Swim Club invites your team to join us at the Austin Aquatics & Sports Academy for our 2025 ST ASC Firecracker, a long course meters Prelim/Final meet. This meet is open to all 2025 USA Swimming registered swimmers.

**Facility:** Austin Aquatics and Sports Academy is an outdoor, eight-lane, long course meters pool. Our 6-inch Competitor lane lines will squelch any waves, allowing each swimmer to get their hand(s) onto the Colorado Timing System touchpads. Times will be recorded via Hy-Tek's Meet Manager software. Swimmers will begin their races off a Spectrum Xcellerator Starting Platform.

Spectators will have access to the turf area or outside of the fence. Spectators will not be permitted on the concrete deck at all times. We highly encourage sunscreen. You can view a map of our facility <u>HERE</u>.



The meet will be held in the seven lanes nearest the bleachers. If necessary, the meet host will move to use more or less lanes dependent on the timeline. Warmup and warm-down throughout the meet will be available in the lanes furthest from the bleachers.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet 1 inch at the start end,

and the turn end is 7 feet 1 inch, measured for a distance of 1.0 meters to 5.0 meters from both end walls.

Course

**Certification:** The host will ensure the required course dimensions.

Sanction: This meet has been sanctioned by South Texas Swimming, and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Austin Swim Club, the Austin Aquatics & Sports Academy, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

### **USA Swimming**

Registration: All swimmers, coaches, and officials participating in this competition must be current USA Swimming members in good standing as of the meet date(s). No swimmer will be permitted to compete unless the swimmer is a member, as provided in Article 302. All should also be prepared to present their USA Swimming membership card to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: This will be a prelim/finals meet. Unless otherwise noted, preliminary events will be seeded by time and gender, fastest to slowest. Age groups will be combined.

> All events in prelims will be swam alternating Women and Men from fastest to slowest. Concluding each event, the top 14 swimmers from each gender (10&u, 11-12, 13-14, 15&o) will qualify for finals in a consolation and championship heat format. 12&U athletes (combined age group) will have a consolation and championship heat format for the 400 Free.

All athletes who qualify for finals will have 30 minutes to scratch after the completion of the event. There will be no penalty for failing to scratch a prelims event. Athletes who fail to scratch and do not compete in finals will be removed from the remainder of the session and will be charged with a \$50 fine. Athletes will be able to compete the following day once the fine is paid.

The meet director reserves the right to combine heats, events, or sessions as needed and to conduct flyover starts or change warmup/session start times depending on meet size. All coaches will acknowledge any changes.

Qualifying

Times: USA Swimming Motivational BB Time Standard

**Age Up Date:** The swimmer's age will be their age on June 13<sup>th</sup>, 2025.

### **Entry**

**Restrictions:** Athletes may enter a maximum of 3 individual events and 1 relay event per day. An athlete's total maximum across the entire meet shall not exceed 9 individual events and 2 relay events.

**Entry** 

**Deadline:** June 4<sup>th</sup>, 2025, at midnight.

### **Entry**

**Procedures:** All teams must submit entries using the latest version of Team Unify or Hy-Tek Team Manager software to The Entries Chair, Jonathan Brandt (jonathan@austinswimclub.org). Please include a Meet Entry Report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees due, along with your entry file.

> When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. Your entries were not received if you do not receive an email confirmation. This meet will be capped at 500 athletes

**Entry Fees:** \$15.00 per individual event and \$20.00 per relay (this includes the \$1.25 South Texas Swimming splash fee) + \$20 per swimmer athlete surcharge fee. There is no penalty for failing to scratch an event; this is simply a courtesy to the other swimmers to eliminate the empty lane. You will still be charged for events entered.

> Please include the Meet Entry Fee Report with your payments. Entry fees must be postmarked by June 4th 2025, or your entries will be removed from the meet. Please send only one check per team location. Refunds will not be given for any reason.

### Make checks payable to:

Austin Aquatics and Sports Academy

#### Send checks to:

Austin Aquatics and Sports Academy 5513 Southwest Parkway Austin, Texas 78735

Deck Entries: Deck entries will cost \$20 per event, payable to Austin Swim Club. No new heats will be created.

Deck entries will close 30 minutes prior to the start of the session. Swimmers not previously entered in the meet must present their USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app) to deck enter.

Meet Director: Jonathan Brandt, jonathan@austinswimclub.org (512) 276-2324 Entries Chair Jonathan Brandt, jonathan@austinswimclub.org (512) 276-2324

Meet Referee: Sarah Blakeley, sarah.blakeley@dsisdtx.us

**Admin Official:** Josh Tharp

#### **Cell Phone**

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks/starting area. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

### Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as proficient in performing a racing start or must start each race from within the water without using a backstroke ledge. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA coach for warmup, warm-down, and competition purposes to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

Deck changes are prohibited. **Deck Changing:** 

### **Athlete Necessary** Accommodations:

Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals, must ST-25-01 provide advance written notice, accompanying their meet entry file, to the Entry Chair or Meet Director and Meet Referee by the entry deadline. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Failure to provide advance notice may limit the meet host's ability to accommodate all requests. The suggested form can be downloaded here. In any meet that may include one or more swimmers with visual, hearing, cognitive, or physical disabilities, the judging of such competitors shall be in accordance with the current USA Swimming Rules and Regulations, including Article 105.

Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC. Please email the Meet Referee with your availability and current certifications before the meet. Please report to the Meet Referee at least one hour before any session's scheduled start time to receive your assignments. The wearing of name tags is strongly encouraged.

**Drones:** 

Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program and Events Committee Chair or designee.

Timers:

Timing assignments for this meet will be sent out by the meet host prior to the start of the meet

Relays:

Relays will be Timed Finals and competed at night. Teams may enter no more than 2 relays per gender per age group.

Medical Supervision: During the meet, lifeguards, AED, and first aid kits will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

Awards: No awards will be given at this meet.

Inclement Weather (Thunder & Lightning): Thor Guard is a device that will detect thunder & lightning. When thunder or lightning is detected within 10 miles, horns will sound. The meet host will agree with the meet ref to delay, reschedule or cancel the session. The staff will monitor the weather using their best judgment as a general rule of

thumb. Most decisions will be made if the storm is within 10 miles of the facility.

**Check-In**: There is no positive check in

Daily Schedule:

Warmups will be conducted in accordance with the current STSI Safety Guidelines and Warmup Procedures attached to this meet announcement. Starts/Dives will run in one direction, starting from the starting block side.

## Friday Prelims, June 13<sup>th</sup> Warm Ups 8:00 am, Meet Starts @ 9:00 am

Women	Event	Men
5	Open 200 Free	6
7	14 and Under 50 Fly	8
9	11 and Over 200 Back	10
11	Open 50 Free	12
13	13 and Over 400 IM	14

## Friday Finals, June 13<sup>th</sup> Warm Ups 4:00 pm, Meet Starts @ 5:00 pm

Women	Event	Men
1	13 and Over 400 Medley Relay	2
3	12 and Under 200 Medley Relay	4
5	Open 200 Free	6
7	14 and Under 50 Fly	8
9	11 and Over 200 Back	10
11	Open 50 Free	12
13	13 and Over 400 IM 14	

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# Saturday Prelims, June 14<sup>th</sup> Warm Ups 8:00 am, Meet Starts @ 9:00 am

Women	Event	Men	
19	11 and Over 200 Breast	20	
21	Open 100 Fly	22	
23	14 and Under 50 Breast	24	
25	Open 100 Back	26	
27	Open 400 Free	28	

# Saturday Finals, June 14<sup>th</sup> Warm Ups 4:00 pm, Meet Starts @ 5:00 pm

Women	Event	Men
15	13 and Over 400 Free Relay	16
17	12 and Under 200 Free Relay	18
19	11 and Over 200 Breast	20
21	Open 100 Fly	22
23	14 and Under 50 Breast	24
25	Open 100 Back	26
27	Open 400 Free 28	

# Sunday Prelims, June 15<sup>th</sup> Warm Ups 8:00 am, Meet Starts @ 9:00 am

Women	Event	Men
29	Open 200 IM	30
31	Open 100 Free	32
33	14 and Under 50 Back	34
35	11 and Over 200 Fly	36
37	Open 100 Breast	38

# Sunday Finals, June 15<sup>th</sup> Warm Ups 4:00 pm, Meet Starts @ 5:00 pm

Women	Event	Men
29	Open 200 IM	30
31	Open 100 Free	32
33	14 and Under 50 Back	34
35	11 and Over 200 Fly	36
37	Open 100 Breast	38

### Hotel

### **Information:**

La Quinta Inn & Suites Austin Southwest at Mopac 4424 South Mopac Expwy Austin, TX 78735 (512) 899-3000

Extended Stay America Austin - Southwest 5100 US Hwy. 290 W Austin, TX 78735 (512) 892-4272

Holiday Inn Express & Suites Austin SW - Sunset Valley 4892 Hwy 290 Sunset Valley, TX 78735 (512) 891-9500

Hampton Inn Austin/Oak Hill 6401 Hwy 290 Austin, TX 78735 (512) 891-7474



## **SOUTH TEXAS SWIMMING, Inc.**Safety Guidelines and Warmup Procedures

#### A. WARMUP PROCEDURES

- I. Assigned Warmup Procedures
  - a. Warmup lanes and times will be assigned to competing teams based on a number of entrants.
    - b. The coach(es) supervising that lane will coordinate all warmup activities.
  - c. Dive sprints shall occur from only the designated end of the pool. Swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach. II.

    Open Warmup Procedures

#### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warmup time shall be a general warmup for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- Sprint lanes are for diving from blocks, or backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end. d. There will be no diving in the general warmup lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

### III. Safety Guidelines

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warmup procedures as they apply to conduct at meets and practices.
  - 2. Actively supervising their swimmers throughout the warmup sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warmup period.
- b. The host team will be responsible for the following:
  - 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warmup session(s).
  - 2. Marshals will have the authority to remove from the deck for the remainder of a warmup session any swimmer or coach found to violate these procedures.
  - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warmups.
  - 4. Warmup times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warmup Procedures will be in effect at this meet."

- 5. An announcer will be on duty for the entire warmup session to announce lane and/or time changes and to assist with the conduct of the warmup.
- 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure they are not starting simultaneously as swimmers on the blocks. Swimmers shall not step up on the blocks if a backstroker is waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warmup to allow other swimmers adequate warmup time. The pool is not for visiting or playing during the warmup session.
- IV. Warmup procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations, so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warmup Procedures last Revised 10/27/22